

## SALADS

### Side Salads

Turn Any Side Salad Into An/Entrée Salad

<b>Caesar</b>	<b>\$1.25/\$6.25</b>	<b>Garden</b>	<b>\$1.25/\$6.25</b>
Romaine and iceberg with our own Caesar dressing, Parmesan & croutons.		Romaine and iceberg topped with tomatoes, carrots, cucumbers, mushrooms & croutons.	
<b>Fresh Field</b>	<b>\$2.25/\$7.25</b>	<b>Tomato &amp; Feta</b>	<b>\$1.75/\$6.75</b>
Field greens with tomatoes, blue cheese crumbles, walnuts & Balsamic Vinaigrette.		Tomatoes, red onion, basil, feta cheese, tossed with Balsamic Vinaigrette over a bed of lettuce.	
<b>Grilled Portobello</b>	<b>\$3.25/\$9.00</b>	<b>Fresh Fruit</b>	<b>\$1.75/\$6.75</b>
With tomatoes, smoked gouda cheese & Tomato Basil Vinaigrette.		Fresh seasonal fruit served with honey yogurt dipping sauce.	
<b>Penne Pasta Salad</b>	<b>\$1.25/\$6.25</b>	<b>Italian Pasta Salad</b>	<b>\$1.75/\$6.75</b>
Penne pasta tossed with broccoli, tomatoes, carrots, basil & Parmesan cheese mixed with Roasted Red Pepper Vinaigrette.		Penne pasta tossed with prosciutto, red onion, bell peppers, roasted garlic, basil, feta cheese & olive oil.	
<b>Jade Rice &amp; Grapes</b>	<b>\$1.75/\$6.75</b>	<b>Sweet Broccoli</b>	<b>\$2.25/\$7.25</b>
Rice coated with sweet parsley and Lemon Pepper Vinaigrette.		With tomatoes, red onion & Balsamic Vinaigrette.	
<b>Mexican Salad</b>	<b>\$1.50/\$6.50</b>	<b>Tortellini</b>	<b>\$1.75/\$6.75</b>
Tomatoes, black olives, shredded Colby cheese, cilantro, and red onions topped with homemade tortilla chips.		Tortellini, pepperoni, sun dried tomatoes, basil & black olives tossed in Tomato Basil Vinaigrette.	
<b>Chilled Grilled Vegetable</b>	<b>\$2.25/\$9.00</b>	<b>Asparagus on the Wild Side</b>	<b>\$2.25/\$7.25</b>
Marinated zucchini, squash, carrots, bell peppers and onions grilled to perfection then topped with feta cheese atop a bed of lettuce.		Asparagus and wild mushrooms tossed with fresh rosemary, bell peppers and Balsamic Vinaigrette.	
<b>Homestyle Potato</b>	<b>\$1.25/\$6.25</b>	<b>Grilled Asparagus &amp; Mangoes</b>	<b>\$3.25/\$9.00</b>
Traditional with a secret twist.		Tossed with Raspberry Vinaigrette.	
<b>Pasta Primavera Salad</b>	<b>\$1.75/\$7.75</b>	<b>BLT Salad</b>	<b>\$1.50/\$6.50</b>
Lettuce, pasta, broccoli, carrots & mushrooms.		Bacon, lettuce, tomatoes, cheddar cheese & red onion.	
<b>Turkey Club Salad</b>	<b>\$1.75/\$7.50</b>	<b>Mediterranean Salad</b>	<b>\$1.25/\$6.25</b>
Turkey, bacon, lettuce, tomato, red onion and cheddar cheese.		Tomatoes, black olives, feta, basil, red onions.	
<b>Tomato &amp; Mozzarella</b>	<b>\$1.75/\$6.75</b>	<b>Greek</b>	<b>\$1.75/\$6.75</b>
Fresh roma tomatoes, red onion and basil tossed with Balsamic Vinaigrette topped with buffalo mozzarella cheese atop a bed of fresh baby spinach.		Tomatoes, red onion, eggs, black olives, feta cheese and cucumbers.	

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### ENTRÉE SALADS

<b>London Broil with Jade Rice</b>	<b>\$3.50/\$11.00</b>	<b>Green Beans &amp; Roasted Peppers</b>	<b>\$3.00/\$10.00</b>
Tender strips of london broil over our Jade Rice & Grapes Salad		With chicken tossed with Tomato Basil Vinaigrette.	
<b>Seared Tuna Salad</b>	<b>\$4.00/\$12.00</b>	<b>Blackened Chicken Pasta Salad</b>	<b>\$3.00/\$10.00</b>
Sesame seared tuna over a bed of fresh field mix with avocado, cucumbers, and tomatoes served with light Citrus Soy Vinaigrette.		Blackened chicken penne pasta salad mixed with tomatoes and extra virgin olive served over spinach served with Cajun Honey Dijon dressing. Blackened salmon for \$1.00 extra.	
<b>Oriental Barbecued Chicken</b>	<b>\$3.00/\$10.00</b>	<b>Avocado Boats</b>	<b>\$8.00</b>
Lo Mein Chinese noodles tossed with steamed vegetables and oriental barbecued chicken (\$2.50 with oriental barbecued salmon).		Avocado shells filled with a refreshing mix of avocado, jumbo lump crab meat, red onions, cilantro and fresh squeezed lime juice and served atop a bed of spring mix(appetizer size).	
<b>Farfalla &amp; Flaked Salmon</b>	<b>\$3.00/\$10.00</b>		
Bowtie pasta, fresh herbs, roasted garlic, lemon juice, bell peppers and tender flaked salmon.			

### SALAD BARS

<b>Garden Salad Bar</b>	<b>\$8.95</b>
Lettuce, carrots, broccoli, mushrooms, tomatoes, eggs, chicken, cheese, pasta, croutons and three assorted dressings.	
<b>Chef Salad Bar</b>	<b>\$9.95</b>
The Garden Salad Bar with ham, turkey, spinach, bacon bits and tuna.	
<b>California Salad Bar</b>	<b>\$11.95</b>
Fresh field mix, warm grilled chicken, warm grilled vegetables, tomatoes, avocado, feta cheese, Parmesan cheese, black olives, eggs and three dressings.	
<b>New Orleans Salad Bar</b>	<b>\$12.95</b>
Spinach and field mix with blackened chicken & blackened salmon, bacon, tomatoes, peppers, cheddar cheese, Parmesan cheese & sundried tomatoes.	

#### Homemade Dressings

Honey Jalapeno	Creamy Peppercorn
Blue Cheese	Poppy Seed
Raspberry Vinaigrette	Peanut Pepper
French	Creamy Roasted Red Pepper
Balsamic Vinaigrette	Oil & Vinegar
Italian	Tomato Basil Vinaigrette
Caesar	

#### Healthy Choices

Thousand Island	Honey Dijon
Mango Vinaigrette	Fat Free Creamy Italian
Ranch	Fat Free Sundried Tomato
Japanese Steakhouse	

Add grilled or blackened salmon for an additional \$2.00 per person.

**PRICES INCLUDE: Rolls & butter, cookies & brownies, drinks and white**